



Break Free: Empowering Lives with Osteoporosis Management and Prevention

OPENING



Prof. Ahmed Aljedai

Burden of Disease

10:30 - 11:00AM

Session I



Prof. Riad Sulimani

Osteoporosis: Where are we Now

11:00 - 11:20AM



Dr. Mohammed Almohaya

Recent International Guidelines

11:20 - 11:40AM



Prof. Yousef Al Saleh

2023 Saudi Osteoporosis Guidelines

11:40AM - 12:00PM



Discussion

12:00 - 12:10PM



Prayer and Lunch Break

12:10 - 13:10PM

Session II



Dr. Eman Almashjary

What Evidence is there for the Screening of Osteoporosis, When and How?

13:10 - 13:30PM



Prof. Mona Fouda

Fracture Prevention Program Saudi Experience

13:30 - 13:50PM



Dr. Hajer Almudaiheem

Integration of Patient-Reported Outcomes in Treatment Decisions

13:50 - 14:10PM



Discussion

14:10 - 14:25PM



27 Jan, 2024



10:00AM - 16:30PM



Registration 10:00 - 10:30AM

Session III



Dr. Hussein Raef

The Role of Anti-Resorptives in the Treatment Algorithm

14:25 - 14:45PM



Dr. Mohammed Alshaker

The Role of Anabolics in the Treatment Algorithm

14:45 - 15:05PM



Discussion

15:05 - 15:15PM



Prayer and Break

15:15 - 15:40PM

Session IV



Dr. Walid Alkeridy

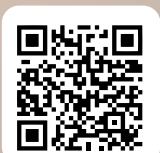
The Geriatrician Approach to Falls

15:40 - 16:00PM



Closing and Final Remarks

16:00 - 16:30PM



ZOOM



Venue: Crowne Plaza Riyadh RDC - Siwar Hall